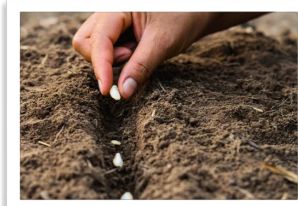


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# Planting a Vegetable Garden in Central Florida



If you are looking to put in a small vegetable garden where we live in central Florida, listed below are specific varieties recommended by Robert Bowden, retired director of Leu Gardens. With thirty years of trial and error, he has weeded out varieties that don't work here. These are the seeds that will give you a good crop of vegetables, with less insect and disease issues.

Brad Wagoner - January 15, 2025

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- ❖ Carrots - Baltimore, Little fingers cosmic purple, Atomic red
  - ❖ Tomatoes - Celebrity, Everglades, Sweet 100, Yellow pear, Gardeners delight
  - ❖ Cucumbers - Eureka, Dasher 2
  - ❖ Turnip - Red round, Royal purple
  - ❖ Squash - Flying saucer, Zephyr, Parthenon,
  - ❖ Chard - Bright lights
  - ❖ Radish - Cherry bell, Red meat
  - ❖ Peppers - Pretty 'n sweet, Yellow banana
  - ❖ Lettuce - Bambi, Little gem, Buttercrunch, Deer tongue
  - ❖ Cabbage - Pixie, Early flat Dutch
  - ❖ Beans - Bush-strike, Golden child, Alicante
  - ❖ Eggplant - Satin Black, Lastada de Gandia, Black Beauty, Striped Tioga

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## ❖ Winter Garden Helping Hand Ideas

- ❖ Wood ashes to keep down wire worms. One cup every ten feet.
  - ❖ Potatoes too with wood ashes
  - ❖ Paper down first then pine straw or straw with lettuce and kale. Keeps splash grit down.
  - ❖ Coastal Bahaia and oak leaves are good for mulches in the garden
  - ❖ No hay, just straw due to seeds in the hay
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